

What a student/parent needs to do to for transition planning during high school:

1. Work with your guidance counselor or vocational/career counselor to develop a transition plan.
2. The transition planning should include making a list of your strengths and areas for growth. Identify your interests. Complete a career interest inventory. Complete a skills inventory. Complete educational achievement tests.
3. If you are planning on attending a two-year community college, work with your guidance counselor or vocational/career counselor about meeting the admissions requirements.
4. If you are planning on going to a four-year college, plan the courses you must take to meet admissions requirements and take either the ACT or SAT. Teacher recommendations are important for admissions. Think about and ask the teachers who can give you the best recommendations.
5. Participate in your Individual Education Program (IEP) Transition Conference. Prepare to set goals for after high school. It is very important to discuss your interests and preferences in this meeting.

IEP goals needed to be prepared for post-high school education, employment or vocational training:

1. Academic preparation in the 6 Fundamental Areas of Learning (language arts, reading, mathematics, science, social studies, and health)
2. Interpersonal problem solving
3. Personal problem solving
4. Decision-making skills
5. Self-advocacy skills
6. Work-study experiences
7. Study skills
8. Life skills (money management, finding an apartment, job finding, cooking, personal safety, transportation skills, health recreation and leisure skills)
9. Social skills training (working in groups, conflict resolution, positive peer relationships, and problem solving)