

# THRESHOLDS EMERGE



Thresholds Emerge provides evidence informed mental health services to emerging adults in their home or community settings

- transition coaching
- care coordination
- therapy & psychiatry
- supported employment & education
- crisis intervention
- linkage
- peer support

## YOUTH BEST PRACTICE

Activities-based, experiential learning to build skills that last into adulthood

Individualized care with youth preferences guiding services

Creative & lengthier engagement period using tailored outreach

Empowerment & partnership with family to achieve goals

## ADULT BEST PRACTICE

Team-based, multidisciplinary approach based in the community

Focus on concurrent treatment of mental & physical health

Recovery-oriented & person-centered care

Peer & vocational support integration in order to increase engagement & facilitate recovery



**75%** of young adults remained stable & out of the hospital while with Emerge

**75%** of young adults actively engaged & made progress on personal goals

**96%** of young adults either achieved or maintained stable housing

